



<b>BTEC Tech Year 10 Curriculum – 2024-2025</b>						
	<b>Autumn Term</b>		<b>Spring Term</b>		<b>Summer Term</b>	
	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>2</b>
<b>Key Concepts</b>	Component 1  Learning outcome A: Explore types and provision of sport and physical activity for different types of participant	Component 1  Learning outcome B: Examine equipment and technology required for participants to use when taking part in sport and physical activity	Component 1  Learning outcome C: Be able to prepare participants to take part in physical activity	Component 2  Learning outcome A: Understand how different components of fitness are used in different physical activities	Component 2  Learning outcome B: Be able to participate in sport and understand the roles and responsibilities of officials	Component 2  Learning outcome C: Demonstrate ways to improve participants sporting technique
<b>Knowledge &amp; Understanding (National Curriculum)</b>	<p>The Tech Award gives learners the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Learners will have the opportunity to develop applied knowledge and skills in the following areas:</p> <ul style="list-style-type: none"> <li>• investigating provisions for sport including equipment and facilities to enhance sport</li> <li>• planning and delivery of sport drills and sessions</li> <li>• fitness for sport including fitness testing and methodology.</li> </ul> <p>This Tech Award complements the learning in GCSE programmes such as GCSE Physical Education by providing further depth via analysis to the GCSE programmes use of sports theoretical knowledge to improve performance in participants. Also, the BTEC exploration of the provision and types of sports suited to different individuals with different needs is well suited to the GCSE's depth study into key socio-cultural influences. Finally, the BTEC offers leadership and teaching in sport, which is not approached directly by the GCSE.</p>					

<b>Skills</b>	<b>R</b> <i>Develop</i> <b>RESILIENCE</b>	The BTEC Tech Award develops resilience among students by emphasising continuous improvement in technique and performance across various vocational disciplines. Through practical assessments, students are challenged to refine their skills and demonstrate proficiency in real-world contexts. They receive feedback from tutors and peers, encouraging them to identify areas for enhancement and persist in refining their techniques. This process not only builds technical expertise but also enhances resilience as students learn to embrace constructive criticism, adapt their approaches, and persevere through challenges to achieve higher standards of performance. This structured approach to skill development within the BTEC Tech Award equips students with the resilience needed to excel in their chosen vocational field and navigate future career challenges effectively.
	<b>A</b> <i>Possess</i> <b>AMBITION</b>	The BTEC Tech Award in Sport promotes ambition by challenging students to set and pursue ambitious goals within the sports and fitness industry. Through practical assessments, theoretical knowledge, and experiential learning opportunities, students are encouraged to strive for excellence in their performance and personal development. The curriculum emphasizes the importance of continuous improvement, resilience, and determination, inspiring students to push their boundaries and aspire to careers as coaches, fitness instructors, sports administrators, or in related fields. This encourages a proactive approach to achieving success and fosters a mindset of ambition and achievement in their chosen paths within the sports sector.
	<b>I</b> <i>Demonstrate</i> <b>INTEGRITY</b>	The BTEC Tech Award in Sport promotes integrity by emphasizing ethical behavior, honesty, and respect within the sports and fitness industry. Through practical assessments, theoretical learning, and real-world applications, students learn the importance of adhering to rules, demonstrating fair play, and maintaining professional conduct. The curriculum encourages students to take responsibility for their actions, uphold the values of sportsmanship, and prioritize ethical considerations in their interactions with teammates, competitors, and coaches. This fosters a culture of trust and integrity, preparing students to uphold high standards of conduct throughout their careers in sports and beyond.
	<b>S</b> <i>Embed</i> <b>Self-Discovery</b>	The BTEC Tech Award in Sport promotes self-discovery by immersing students in a variety of physical activities and reflective practices that help them explore their capabilities, interests, and personal strengths. Through setting and achieving personal fitness goals, participating in diverse sports, and receiving ongoing feedback, students gain insights into their physical and mental resilience. The curriculum encourages self-assessment and reflection, allowing



	<p><b>E Display EMPATHY</b></p>	<p>students to understand their own progress, identify areas for improvement, and uncover their passions and potential career interests within the sports sector.</p> <p>The BTEC Tech Award in Sport promotes empathy by engaging students in collaborative team sports and group activities, which require understanding and supporting their peers. Through these interactions, students learn to appreciate diverse perspectives, recognize the abilities and challenges of others, and develop a sense of camaraderie and mutual respect. The curriculum's focus on fair play, sportsmanship, and inclusive practices further encourages students to empathize with teammates and opponents, fostering an environment where they can better understand and respond to the emotions and experiences of those around them.</p>
<p><b>Curriculum Links</b></p>	<p>Students have been taught about basic human anatomy throughout KS3 in PE and science. They have also identified how the body moves and works in relation to different activities and sports. Students have analysed performance throughout KS3 in PE, dance and been provided with opportunities to improve their leadership skills. Students will have also already covered different components of fitness and methods of training during KS3 PE.</p>	



<p><b>Assessment</b></p>	<p><b>Components</b></p> <p>Learners are required to complete and achieve all three components in the qualification.</p> <table border="1" data-bbox="501 523 2054 1114"> <thead> <tr> <th colspan="5" data-bbox="501 523 2054 603">Pearson BTEC Level 1/Level 2 Tech Award in Sport</th> </tr> <tr> <th data-bbox="501 603 768 710">Component number</th> <th data-bbox="768 603 1494 710">Component title</th> <th data-bbox="1494 603 1637 710">GLH</th> <th data-bbox="1637 603 1780 710">Level</th> <th data-bbox="1780 603 2054 710">How assessed</th> </tr> </thead> <tbody> <tr> <td data-bbox="501 710 768 828">1</td> <td data-bbox="768 710 1494 828">Preparing Participants to Take Part in Sport and Physical Activity</td> <td data-bbox="1494 710 1637 828">36</td> <td data-bbox="1637 710 1780 828">1/2</td> <td data-bbox="1780 710 2054 828">Internal</td> </tr> <tr> <td data-bbox="501 828 768 946">2</td> <td data-bbox="768 828 1494 946">Taking Part and Improving Other Participants Sporting Performance</td> <td data-bbox="1494 828 1637 946">36</td> <td data-bbox="1637 828 1780 946">1/2</td> <td data-bbox="1780 828 2054 946">Internal</td> </tr> <tr> <td data-bbox="501 946 768 1114">3</td> <td data-bbox="768 946 1494 1114">Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity</td> <td data-bbox="1494 946 1637 1114">48</td> <td data-bbox="1637 946 1780 1114">1/2</td> <td data-bbox="1780 946 2054 1114">External Synoptic</td> </tr> </tbody> </table>	Pearson BTEC Level 1/Level 2 Tech Award in Sport					Component number	Component title	GLH	Level	How assessed	1	Preparing Participants to Take Part in Sport and Physical Activity	36	1/2	Internal	2	Taking Part and Improving Other Participants Sporting Performance	36	1/2	Internal	3	Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	48	1/2	External Synoptic
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<b>Key Concepts</b>	<b>A Explore the importance of fitness for sports performance</b>	B Investigate fitness testing to determine fitness levels	C Investigate different fitness training methods	D Investigate fitness programming to improve fitness and sports performance	<b>REVISION/CATCH UP</b>	
<b>Knowledge &amp; Understanding (National Curriculum)</b>	<p>The Tech Award gives learners the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Learners will have the opportunity to develop applied knowledge and skills in the following areas:</p> <ul style="list-style-type: none"> <li>• investigating provisions for sport including equipment and facilities to enhance sport</li> <li>• planning and delivery of sport drills and sessions</li> </ul>					

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